

Awakening Leadership

A series of guided conversations and exercises which enable individual and group development in the areas of leadership, understanding oneself and others, identifying values, beliefs and purpose and learning the elements of excellent communication.



Self Awareness

Understanding the nature of leadership, how individuals construct their world and interact with those of others.

Purpose

Identifying values, beliefs, strengths and preferred environment to define and operationalize purpose.

Communication

Managing internal and external dialogue and conflict and learning to communicate with excellence.

Awakening Leadership

A foundation for effective team building, organisational change projects, or as part of an individual or group leadership development programme.

Developed from an industry programme aimed at “high potential” staff. The central premise is that successful teams and individuals can readily access a highly resourceful state, described by athletes as ‘being in the zone’. In this state of ‘flow’ they are more creative, connected and conscious - they are more awake. This higher state is referred to as being '**above the line**'.

A number of practices are introduced that have been proven to help individuals and teams be 'above the line' more often. These include mindfulness, personal presence, emotional mastery, healthy thinking, identity and purpose, and the use of dialogue as a tool.



Feedback on Awakening Leadership

Something I wish I had been taught as soon as I left university because it really showed me the difference between being passive in life and being intentional. When you are intentional, you are much more likely to be happy.

I've had the opportunity to attend numerous leadership programs, this particular course was outstanding. Actions taken in the afterglow of the course have allowed me to progressively overcome my fears.

His delivery style is fun and relaxing whilst also being informative. David is able to explain quite abstract concepts and ideas clearly, the method of explanation also allows you to take the idea and relate them to you or your situation.

It has affected my interactions in work & personal life, by ensuring that 'I am present' when I have all interactions, I have seen massive benefit.

When I retired from competitive sport last year, I felt totally out of my depth with what I could or should do next! Dave really helped me pick out what made me tick as a person and how I could really start to move forward positively and successfully into the "real world".

The course was practical and well structured with increasing depth as you progressed. David's style of delivery was crisp and clear, and the class was always engaging. I recommend this course to anyone interested in further developing his/her leadership potential.

David has such passion about how developing our leadership skills can positively impact our professional and personal lives, and he fostered a collaborative and friendly, safe environment.

I found the course informative and useful, encouraging searching questions to be asked and answered by myself. It allowed me to understand my motivations and character traits and ultimately to allow me to accept and adapt to live situations I was facing. I would say this is a very worthwhile course and great as a motivator for people as they develop themselves personally and within their chosen career path.

I enjoyed the style and delivery method of the course with clear real-life examples, constructive discussions and interactive exercises. It encouraged self-thinking to reach certain realizations, which resonate better in one's mind rather than simply being told what are the takeaways.

David Latin

A leader, advisor, entrepreneur and coach who has lived and worked in multiple countries and held operational and strategic roles at executive and board levels in major multinational corporations for decades. I advise company boards on business development and strategy and I coach individuals, teams and organisations.

For more than 20 years, after entering the executive leadership 'fast track' at a major multinational corporation, one particular focus of mine, while also leading businesses, has been to make leadership development accessible to 'the many' rather than the 'chosen few'. I have initiated and led programmes which have positively impacted hundreds of people in several large companies.

Grounded in extensive business and life experiences, my approach is above all, practical and pragmatic, with a style that is easy and conversational - and when required, very open and direct.

